



Folkhälsomyndigheten

If you are getting vaccinated

# About the COVID-19 vaccination

This information offers support both before and after your vaccination.

COVID-19 is a highly infectious and serious illness. Vaccination is the best way to protect yourself from becoming seriously ill with COVID-19. Vaccination also helps reduce the risk of spreading the virus to other people. In Sweden, the COVID-19 vaccination is voluntary and you do not have to pay for it. The vaccinations being used in Sweden have been thoroughly tested, meaning they are safe to use.

## Before vaccination

Each region organises the COVID-19 vaccination process. The 1177 Healthcare Guide website has information about when and where you can get vaccinated in your region. Before you are vaccinated, you will need to fill in a health declaration form and give to the person vaccinating you.

## The vaccination process

You must feel perfectly healthy on the day of your vaccination. A nurse will inject the vaccine into your upper arm. Your age will determine which vaccine you get. After the vaccination, you should wait for 15 minutes before leaving the premises. This is to make sure that you feel ok.

## After the vaccination

Mild side effects are common after vaccination. These include having a sore arm, tiredness, mild fever, or a headache. This is a normal reaction from your body's immune system and it usually goes away after a day.

Serious side effects are very rare. However, if you do develop serious symptoms following your vaccination or new symptoms you do not recognise, you must contact the healthcare services and tell them you were given your COVID-19 vaccination.

## How the COVID-19 vaccines work

After the vaccination, the body's immune system will build up some protection against COVID-19. There is no guarantee that everyone who is vaccinated is fully protected, however if you do catch COVID-19 you will likely only experience a milder form of the illness. The length of time the vaccine protects a person against COVID-19 varies between individuals. To make sure you have strong protection against becoming seriously ill with COVID-19, it is important that you follow the recommendations about booster doses.

## Keep protecting yourself and others

Everyone has a responsibility to try to prevent infectious diseases from spreading. Even if you have been vaccinated, you must still stay home if you are ill. You also need to stay up to date on the latest infection control measures.

## DO YOU HAVE ANY QUESTIONS?

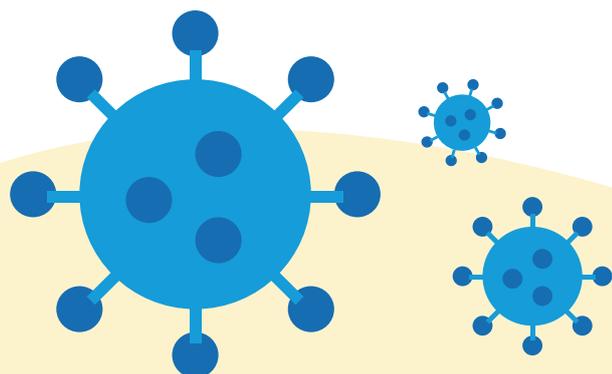


It is only natural to have questions before a vaccination. Information about the COVID-19 vaccination is available on the Public Health Agency of Sweden's website.

[folkhalsomyndigheten.se](https://www.folkhalsomyndigheten.se)

1177 Healthcare Guide has information about when and where you can get vaccinated where you live.

[www.1177.se](https://www.1177.se)



Vaccination  
mot covid-19