

If you are pregnant

About the COVID-19 vaccination



Folkhälsomyndigheten

The Public Health Agency of Sweden recommends all pregnant people to get vaccinated against COVID-19. When you as pregnant get vaccinated against COVID-19, you not only protect yourself from serious illness but you also protect your child. Vaccination against COVID-19 is also recommended for those who have already been infected with the coronavirus.

Why pregnant people are recommended to get vaccinated against COVID-19

- Studies show that pregnant people are at a higher risk than other people of the same age to become seriously ill with COVID-19.
- Severe COVID-19 symptoms in the later stages of pregnancy increase the risk of an early birth and the baby having to be delivered prematurely by caesarean section.
- COVID-19 during pregnancy increases the risk of blood clots, pre-eclampsia and severe illness needing intensive care.

The COVID-19 vaccine does also protect your child

Once vaccinated against COVID-19, your body starts making antibodies to protect you against the disease. In the later stages of your pregnancy, the same antibodies are transferred to the fetus via the placenta. As a new parent, the COVID-19 vaccination will also protect you against illness so that you can stay healthy and care for your child.

You can get vaccinated against COVID-19 at any time throughout your pregnancy

The COVID-19 vaccines used in Sweden are approved and safe for pregnant people throughout their pregnancy.

In Sweden, however, it is common practice not to give any type of vaccination until after week 12 of the pregnancy, even if the vaccines do not pose any risks. Also, the need for protection against COVID-19 is considered most important in the later stages of pregnancy. If you had your first COVID-19 vaccination before becoming pregnant, you can continue to have the next vaccination at the recommended interval.

COVID-19 vaccinations are safe

There is no evidence of the COVID-19 vaccine having any adverse effects on the pregnant person or the fetus.

- Pregnant people are not at a greater risk of experiencing side effects than anyone else.
- Studies show no increased risk of miscarrying after a COVID-19 vaccination.
- It is even safe to get vaccinated against COVID-19 whilst you are breastfeeding.

There is no evidence of the COVID-19 vaccine having any effect on the menstrual cycle or fertility. Also, there is no need to wait to get pregnant until after you have been vaccinated.

Important to be healthy when giving birth

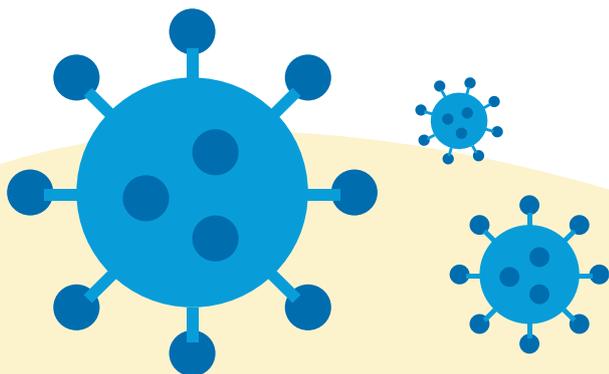
You should try to stay as healthy as possible in preparation for the birth of your child. It is therefore important for you and other pregnant people to get vaccinated against COVID-19. It is also important for your partner and the rest of your family to get vaccinated and stay as healthy as possible. If you are aged 18 or over, then you can get vaccinated against seasonal flu at the same time as you get vaccinated against COVID-19.

All children aged 12 and over will be offered the COVID-19 vaccine. Vaccinations against COVID-19 are voluntary and free of charge.



For more information about the COVID-19 vaccination in other languages, please visit www.folkhalsomyndigheten.se.

Go to www.1177.se for information about where you can get vaccinated in your local area.



Vaccination
mot covid-19