Health in Sweden

People’s health varies around the country and changes over time. Therefore, it is important that we investigate and monitor how health evolves among the population. This allows us to detect important changes in people’s health as well as health differences between groups.

For example, we investigate whether various health problems are increasing or decreasing among the population and which groups are most affected. Your responses help us understand how health can be influenced and improved. Your responses enable us to continue providing our politicians with useful information about issues related to your health and the health of others.

The survey was created by The Public Health Agency of Sweden. Statistics Sweden oversees its distribution and collection of responses.

Your answers are important

Your participation in this survey is voluntary, but we hope you would like to participate as your answers are very valuable. Your contribution helps us provide a more thorough and complete description of the health status in Sweden.

You are one of 350,000 people aged 16 and above randomly chosen from the Swedish population register. The answers you provide must be your own.

What you need to do

Visit www.insamling.scb.se to answer the questions. Information and questions in English are available online.

Your login details:

Username:

Password:

You can log in several times and save your responses in between each visit.

We kindly ask you to respond as soon as possible.

Many thanks for your participation.

Kind regards,

Joakim Stymne
Director-General
Statistics Sweden

Karin Tegmark Wisell
Director-General
Public Health Agency of Sweden
Who will use the responses, and how?
The survey results are used to create statistics of great public interest. They are part of The Public Health Agency of Sweden's tasks, such as annual public health reporting and monitoring the health of different groups. When data collection is complete, Statistics Sweden removes participants' names, addresses and personal identity numbers before the results are sent to the Public Health Agency of Sweden, Region Gotland, Region Gävleborg, Region Halland, Region Jämtland Härjedalen, Region Jönköping, Region Kalmar, Region Norrbotten, Region Skåne, Region Västerbotten, Region Västernorrland, Region Östergötland and Västra Götalandsregionen. The results may also be used and distributed by The Public Health Agency of Sweden for research purposes. The distribution of data is done restrictively and only after special assessment. Confidentiality obligations apply for research and statistics using this data.

Your responses will be supplemented with information already available from Statistics Sweden. This includes details such as gender, age, marital status, family structure, number of children, your and your parents’ country of birth, year of immigration to Sweden, migration background, where you live, geographical information, educational background, occupation and sector, income, allowances, sickness benefits and activity compensation. Information about sick leave will be obtained from the Swedish Social Insurance Agency. Details of any medical treatments and prescription medication being taken will be obtained from the Swedish National Board of Health and Welfare registers, as will future cause of death. Finally, information about previous infection with COVID-19 will be obtained from The Public Health Agency's SmiNet database. The authorities may process your personal identity number for a certain period of time before this data is deleted as per the applicable rules.

Statistics Sweden allocates a special code to the information you provide. This enables those who process your personal data to supplement it with information from various registers, or to contact you if they have any questions. Participation is always voluntary.

How are my responses protected?
It will not be possible to identify you when the results of the survey are presented. Information about an individual's personal and financial circumstances is confidential and anyone working with the survey are bound by confidentiality. You are protected by Chapter 24, Section 8 of the Swedish Public Access to Information and Secrecy Act (2009:400). The same protection applies at The Public Health Agency and with the various regions.

How is the personal data processed?
Statistics Sweden is the personal data controller responsible for the personal data they process. The Public Health Agency and regions are personal data controllers for the personal data they process.

Rules for the processing of personal data can be found in the EU data protection regulation (Regulation (EU) 2016/679) as well as in both the Swedish Official Statistics Act (2001:99) and Ordinance (2001:100). In addition, data protection is regulated in the Act on Supplementary Provisions to the EU Data Protection Regulation (2018:218) and the regulations that have been issued in connection with that legislation. Statistics Sweden and The Public Health Agency of Sweden process your personal data based on articles 6.1e and 9.2j of the General Data Protection Regulation; the data is necessary to perform a task carried out for reasons of public interest.

Visit www.scb.se/personuppgifter or www.folkhalsomyndigheten.se/gdpr to find out more about how Statistics Sweden and The Public Health Agency process your personal data.

You are entitled to receive a free copy of the personal data processed by Statistics Sweden as the data controller. This information comes in the form of a register extract. Visit www.scb.se/registerutdrag for more information. If you believe that Statistics Sweden has processed your personal data in a way that goes against the EU’s General Data Protection Regulation, you may be entitled to have the data deleted. The same applies with The Public Health Agency of Sweden and the various regions.

If you contact us, please provide the number at the top of the front page of this letter. This will enable us to help you faster.

Do you have any questions about personal data?
Contact the data protection officers:
Statistics Sweden: +46 10 479 40 00, dataskyddsombud@scb.se, 701 89 Örebro
The Public Health Agency of Sweden: +46 10 205 20 00, dataskyddsombud@folkhalsomyndigheten.se, Box 505, 831 26 Östersund