

Health on equal terms?

A SURVEY OF HEALTH AND LIVING CONDITIONS IN SWEDEN 2012

Health

1.	How would you assess your ge	eneral state of health?
	1 Very good	
	2 Good	
	3 Fair	
	4 Poor	
	5 Very poor	
2.		<u>ll health,</u> how many days <i>in the last 30 day period</i> would you say of illness, bodily discomfort or injury)? 30
	days	
3.	If you think about your mental that it was not good (because of Number of days between 0 and 3	health, how many days <i>in the last 30 day period</i> would you say of stress, depression or unease, for example)?
	days	
4.	How many days in the last 30 cability to work or your day-to-days between 0 and 3	
	days	
5.	Have you had any accidents in dental care?	the last three months that led to your seeking health care or
	1 No	
	2 Yes, once	
	3 Yes, more than once	
6.	Do you have any long-term illn function or any other long-term	ess, discomfort following an accident, any reduced physical n health problem?
	1 No	
	2 Yes	Does this condition mean that your ability to work is reduced of hinders you in your other day-to-day jobs?
		1 No, not at all
		2 Yes, to some extent
		3 ☐ Yes, a great deal

٠.	Can you see and make out normal text in dayligh	without difficulty?	
	1 Yes, without glasses		
	2 Yes, with glasses		
	3 No		
	3		
8.	Can you hear what is being said in a conversatio	between several persons without difficul	lty?
	1 Yes, without a hearing aid	•	
	<u> </u>		
	2 Yes, with a hearing aid		
	3 No		
9	Can you run a short distance (about 100 metres)		
-	1 Yes Go on to question 11		
	·		
	2 No		
10	Are you limited in any of the following activities is	ecause of your state of health?	
	Mark one alternative on each row.	coduct of your state of ficality.	
		Yes No	
		1 2	
	a) Can you walk up steps without difficulty?		
	e.g. steps up to a bus or train		
	b) Can you take a short walk (about 5 minutes) at		
	a reasonably fast pace?		
	c) Do you need any aids or the help of another		
	person to move around outdoors?		
11.	Do you have any of the following illnesses?		
	a) Diabetes?) Asthma?	
	1	1	
	2 Yes, but with no discomfort	2 Yes, but with no discomfort	
		_	
	3 Yes, minor discomfort	3 Yes, minor discomfort	
	4 L Yes, severe discomfort	4 Yes, severe discomfort	
	c) Allergies?	l) High blood pressure?	
		· <u>-</u>	
	1	1 No	
	2 Yes, but with no discomfort	2 Yes, but with no discomfort	
	3 LYes, minor discomfort	3 Yes, minor discomfort	
	4 🗌 Yes, severe discomfort	4 Tes, severe discomfort	
12	How tall are you?		
12.	Answer in whole centimetres.		
		cm	
4.6			
13.	How much do you weigh?		
	Answer in whole kilos. If you are pregnant, state how much you normally	kg	
	weigh.		

14. Do you have any of the following discomfort or symptoms? a) Aches in your shoulders or neck? b) Aches or pains in your back, hip pain or sciatica? 1 ☐ No 2 Yes, minor discomfort 2 Yes, minor discomfort 3 Yes, severe discomfort 3 Yes, severe discomfort c) Aches or pains in your hands, elbows, legs d) Headaches or migraine? or knees? 1 ☐ No 2 Yes, minor discomfort 2 Yes, minor discomfort 3 Yes, severe discomfort 3 Yes, severe discomfort f) Tiredness? e) Anxiety, unease or fear? 1 No 1 ☐ No 2 Yes, minor discomfort 2 Yes, minor discomfort 3 Yes, severe discomfort 3 Yes, severe discomfort g) Sleeping difficulties? h) Eczema or skin eruptions? 1 No 1 ☐ No 2 Yes, minor discomfort 2 Yes, minor discomfort 3 Yes, severe discomfort 3 Yes, severe discomfort i) Ringing in your ears (tinnitus)? j) Incontinence (urine leakage)? 1 No 1 No 2 Yes, minor discomfort 2 Yes, minor discomfort 3 Yes, severe discomfort 3 Yes, severe discomfort

I) Overweight, obesity?

2 Yes, minor discomfort

3 Yes, severe discomfort

1 ☐ No

k) Recurrent stomach or bowel problems?

2 Yes, minor discomfort

3 Yes, severe discomfort

1 ☐ No

Well-being

15.	Have you recently been able to concentrate on whatever you're doing?	16.	Have you recently been able to enjoy your normal day-to-day activities?
	1 Better than usual		1 More so than usual
	2 Same as usual		2 Same as usual
	3 Less than usual		3 Less so than usual
	4 Much less than usual		4 Much less than usual
17.	Have you recently lost much sleep over worry?	18.	Have you recently been able to face up to your problems?
	1 Not at all		1 More so than usual
	2 No more than usual		2 Same as usual
	3 Rather more than usual		3 Less able than usual
	4 Much more than usual		4 Much less able
19.	Have you recently felt you are playing a useful part in things?	20.	Have you recently been feeling unhappy and depressed?
	1 More so than usual		1 ☐ Not at all
	2 Same as usual		2 No more than usual
	3 Less useful than usual		3 Rather more than usual
	4 Much less useful		4 Much more than usual
04			
21.	Have you recently felt capable of making decisions about things?	22.	Have you recently been losing confidence in yourself?
21.		22.	
21.	decisions about things?	22.	in yourself?
21.	decisions about things? 1 More so than usual	22.	in yourself? 1 Not at all
21.	decisions about things? 1 More so than usual 2 Same as usual	22.	in yourself? 1 Not at all 2 No more than usual
	decisions about things? 1 More so than usual 2 Same as usual 3 Less so than usual		in yourself? 1 Not at all 2 No more than usual 3 Rather more than usual
	decisions about things? 1 More so than usual 2 Same as usual 3 Less so than usual 4 Much less capable Have you recently felt constantly under		in yourself? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been thinking of
	decisions about things? 1 More so than usual 2 Same as usual 3 Less so than usual 4 Much less capable Have you recently felt constantly under strain?		in yourself? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been thinking of yourself as a worthless person?
	decisions about things? 1 More so than usual 2 Same as usual 3 Less so than usual 4 Much less capable Have you recently felt constantly under strain? 1 Not at all		in yourself? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been thinking of yourself as a worthless person? 1 Not at all
	decisions about things? 1 More so than usual 2 Same as usual 3 Less so than usual 4 Much less capable Have you recently felt constantly under strain? 1 Not at all 2 No more than usual		in yourself? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been thinking of yourself as a worthless person? 1 Not at all 2 No more than usual
23.	decisions about things? 1 More so than usual 2 Same as usual 3 Less so than usual 4 Much less capable Have you recently felt constantly under strain? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently felt you couldn't overcome your difficulties?	24.	in yourself? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been thinking of yourself as a worthless person? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been feeling reasonably happy, all things considered?
23.	decisions about things? 1 More so than usual 2 Same as usual 3 Less so than usual 4 Much less capable Have you recently felt constantly under strain? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently felt you couldn't	24.	in yourself? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been thinking of yourself as a worthless person? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been feeling reasonably happy, all things considered? 1 More so than usual
23.	decisions about things? 1 More so than usual 2 Same as usual 3 Less so than usual 4 Much less capable Have you recently felt constantly under strain? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently felt you couldn't overcome your difficulties?	24.	in yourself? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been thinking of yourself as a worthless person? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been feeling reasonably happy, all things considered? 1 More so than usual 2 About same as usual
23.	decisions about things? 1 More so than usual 2 Same as usual 3 Less so than usual 4 Much less capable Have you recently felt constantly under strain? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently felt you couldn't overcome your difficulties? 1 Not at all	24.	in yourself? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been thinking of yourself as a worthless person? 1 Not at all 2 No more than usual 3 Rather more than usual 4 Much more than usual Have you recently been feeling reasonably happy, all things considered? 1 More so than usual

27.	By s	you feel stressed <u>at present?</u> stressed, we mean a condition where you feel centrate.	tense, restle	ess, nervous, uneasy or unable to
	1	Not at all		
	2	To some extent		
	3	Quite a lot		
	4	Very much		
28.		e you at any time in the last 12 months bee sidered taking your own life?	n in a situa	tion where you have seriously
	1] No		
	2] Yes, once		
	3	Yes, more than once		
29.	Hav	e you at any time in the last 12 months atte	mpted to ta	ake your own life?
	1 🗌] No		
	2	Yes, once		
	3	Yes, more than once		
	Me	edicines		
30.	Hav	e you, during the <i>last three months</i> taken a	ny of the fo	ollowing medicines?
	Mar	k one alternative on each row.	No	Yes
			1	2
	a)	Medicine for stomach ulcer/intestinal catarrh		
	b)	Medicine for asthma or allergies		
	c)	Medicine for diabetes		
	d)	Medicine to reduce blood pressure		
	e)	Medicine for sleeplessness/insomnia		
	f)	Anti depressive medicine		
	a)	Tranquilisers/medicines to lessen anxiety	_	_
	g)	Pain relief medicine on prescription		
	h)	·		
	i)	Pain relief medicine without prescription		
	j)	Medicine to reduce blood lipids		
	k)	Other medicine		
31. a		ave you, during <i>the last three months</i> refrain	ned from b	uying medicine for which you had a
	pr	escription?		
	1 [☐ No ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐		
	2	Yes		

b)		at is the main reason why you did not obta e than one answer can be given.	ain the medici	ne?		
	1 <u> </u>	Became well Could not afford it				
	1	Had sufficient medicine already				
	1 🔲	Too far to the pharmacy				
	1 🔲	Did not think the medicine would help				
	1 📙	Other reason				
	He	alth care contacts				
32.		ng the last three months, have you visited lies to your own illness or condition. Mark one			f the following	g?
			No	Yes, once	Yes, more than once	
			1	2	3	
	a)	Doctor at the hospital				
	b)	Doctor at health centre, private/company doctor or similar				
	c)	District nurse				
	d)	Youth clinic				
	e)	Welfare officer				
	f)	Psychologist				
	g)	Physiotherapist				
	h)	Naprapath, chiropractor, homeopath or similar				
	i)	Been admitted to hospital				

33. a)	Have you during the last three months believed yourself to be in need of medical care but refrained from seeking care?
	1 No Go on to question 34
	2 Yes
b)	What was/were the reason(s) why you did not seek medical care? More than one answer can be given.
	1 The problem cleared up
	1 Waiting times too long
	1 Difficult to get through on the telephone
	1 Did not get an appointment quickly enough
	1 Negative experience from previous visits1 Financial reasons
	1 Did not have time
	1 Did not have time
	1 Other reason
	Dental health
34	How is your dental health?
04.	_ `
	1 Very good 2 Quite good
	3 Neither good nor poor
	4 Quite poor
	5 Very poor
35.	When were you last at the dentist/dental hygienist?
	1 Less than a year ago
	2 Eletween one and two years ago
	3 Between three and five years ago
	4 More than five years ago
	5 Have never been to a dentist/dental hygienist
	6 Don't know/can't remember
36. a)	Have you during <i>the last three months</i> believed yourself to be in need of dental care but refrained from seeking care?
	1 No Go on to question 37
	2 L Yes
b)	What was/were the reason(s) why you did not seek dental care? More than one answer can be given.
	1 The problem cleared up
	1 Financial reasons
	1 Declined to go (fear of dentists)
	1 Did not have time
	1 Other reason

Physical activity

37.	How much physical movement and exertion have you had in the last 12 months? If your level of activity varies, e.g. between summer and winter, try to find an average. Please mark only one alternative!
	1 Sedentary leisure time
	You mostly spend your free time with reading, TV, cinema or other sedentary pastimes. You walk, cycle or otherwise exercise less than 2 hours a week.
	2 Moderate exercise in leisure time
	You walk, cycle or otherwise exercise <u>at least 2 hours</u> a week, usually <u>without</u> <u>sweating</u> . Include in this walking to and from work, other walking, ordinary gardening, fishing, table tennis, bowling.
	3 Moderate, regular exercise in leisure time
	You exercise regularly 1-2 times a week for at least 30 minutes each time, running, swimming, tennis, badminton or other activity that makes you sweat.
	4 Regular exercise and training
	You exercise by e.g. running, swimming, tennis, badminton, gymnastics or similar on average <u>at least 3 times</u> a week. This lasts for <u>at least 30 minutes</u> each time.
38.	How much time do you spend in a <u>normal</u> week in moderately strenuous activities that make you warm? For example walking fast, gardening, heavy housework, cycling, swimming. This may vary during the year, but try to give some kind of average. Choose one alternative.
	1 5 hours or more a week
	2 More than 3 hours a week and less than 5
	3 Between 1 and 3 hours a week
	4 No more than one hour a week
	5 Not at all
39.	Do you want to increase your physical activity?
	1 Yes, and I believe I will be able to do this myself
	2 Yes, but I need support
	3 No
	Food habits
40. a)	How often do you eat vegetables and root vegetables? This means all kinds of vegetables, leguminous plants and root vegetables (but not potatoes). Includes fresh, frozen, preserved, cooked, vegetable juice, vegetable soups etc. This may vary during the year, but try to give some kind of average. Choose one alternative.
	1 3 times a day or more
	2 Twice a day
	3 Once a day
	4 5-6 times a week
	5 3-4 times a week
	6 1-2 times a week
	7 \(\int \) few times a month or never

b)	How often do you eat fruit and berries? Applies to all types of fruit and berries (fresh, frozen, preserved, juice, compote etc.) This may vary during the year, but try to give some kind of average. Choose one alternative.
	1 3 times a day or more
	2 Twice a day
	3 Once a day
	4 5-6 times a week
	5 3-4 times a week
	6 1-2 times a week
	7 L A few times a month or never
41.	Do you want to increase your intake of fruit and vegetables?
	1 Yes, and I believe I will be able to do this myself
	2 Yes, but I need support
	3 No
	Smoking and snuff habits
	These questions apply to tobacco products such as cigarettes, cigarillos, cigars, pipe tobacco and snuff.
42.	Do you smoke every day?
	1 ☐ Yes Go on to question 45
	2 No
43.	Do you smoke now and then?
	1 No
	2 Yes
44.	Have you previously smoked daily for at least 6 months?
	1 No
	2 Yes
45	Do you want to stop smoking?
45.	<u> </u>
	1 I don't smoke
	2 Yes, and I believe I will be able to do this myself
	3 ☐ Yes, but I need support
	4 No
46.	Do you use snuff every day?
	1 Yes Go on to question 49
	2 No
47.	Do you use snuff now and then?
	1 No
	2 Yes

48.	Have you previously used snuff daily for	or at least 6	months?		
	1 No 2 Yes				
49.	Do you want to stop using snuff?				
	1 I don't use snuff 2 Yes, and I believe I will be able to do 3 Yes, but I need support 4 No	this myself			
50.	How often are you indoors in places will Mark one alternative on each row.	here people	are smoking or	have just been	smoking?
	wark one alemative on each row.	Every day	A few times a week	A few times a month	Less often
		1	2	3	4
	a) In your home				
	b) At work				
	c) In a café, bar or restaurant				
	d) In other enclosed places, such as in friends' homes, in the car				
51.	Have you ever smoked a hookah? Mark one or several alternatives.				
	1 No Go on to questio	n 53			
	1 Yes, with nicotine				
	1 Yes, without nicotine				
	1 Yes, but don't know whether it contain	ined nicotine			
52.	How often in the last 12 months have y	ou smoked a	a hookah?		
	1 Never				
	2 Once				
	3 2 - 6 times				
	3 7 - 12 times				
	4 More than 12 times				
53.	Have you ever used hash or marijuana	?			
	1 No				
	2 Yes, more than 12 months ago				
	3 Yes, in the last 12 months				
	4 🔲 Yes, in the last 30 days				

Gaming habits

54.	Have you in the last 12 months bought lottery tickets of By game, we mean for example scratch cards, bingo, casin horses or similar and games for money on the internet such 1 \[\] No \[\] Go on to question 57 \[2 \[\] Yes	no games, footba	all pools, betti	ng on
55.	How much money have you used on gaming in the last	7 days?		
	Have played for kronor			
	1 Have not bet any money in the last 7 days			
56.	How many times in the last 12 months have you Mark one alternative on each row.			
		Never	1-2 times	3 times or more
		1	2	3
	a) tried to reduce your gaming?			
	b) felt restless or irritated if you could not gamble?			
	c) lied about how much you gamble?			
	Alcohol habits			
	By alcohol we mean beer with medium or strong alcohol co spirits. Answer the questions as accurately and honestly as possib		e, fortified wir	ne and
	One «glass» means:	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
	50 cl regular beer 33 cl strong beer 10-15 cl white or red wine	5-8 cl Fortified wine	4 cl spirit such as whisky	
57.	How often have you drunk alcohol in the last 12 months	s?		
	1 4 times a week or more			
	2 2-3 times a week			
	3 2-4 times a month			
	4 Once a month or less			
	5 Never Go on to question 62			

	now many glasses (see example) do you drink on a typical day when you drink alcohol?
	1 1-2
	2 7 3-4
	3 5-6
	4 7-9
	5 10 or more
	6 Don't know
	o Bont Mion
59.	How often do you drink six "glasses" or more at a time?
	1 Daily or almost every day
	2 Every week
	3 L Every month
	4 Less than once a month
	5 Never
60.	How often in the last 12 months have you drunk so much alcohol that you have become
	intoxicated?
	4 Deily on almost avery day
	1 Daily or almost every day
	2 A few times a week
	3 Once a week
	4 2-3 times a month
	5 Once a month
	6 Once or a few times every six months
	7 Less often or never
61.	Would you like to reduce your alcohol consumption?
61.	
61.	1 Yes, and I believe I will be able to do this myself
61.	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support
61.	1 Yes, and I believe I will be able to do this myself
61.	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support
61.	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support 3 No
61.	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support
	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support 3 No Economic circumstances
	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support 3 No
	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support 3 No Economic circumstances If you should suddenly find yourself in an unforeseen situation where you had to find 15 000 kronor in one week, would you manage it?
	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support 3 No Economic circumstances If you should suddenly find yourself in an unforeseen situation where you had to find 15 000 kronor in one week, would you manage it? 1 Yes
	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support 3 No Economic circumstances If you should suddenly find yourself in an unforeseen situation where you had to find 15 000 kronor in one week, would you manage it?
	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support 3 No Economic circumstances If you should suddenly find yourself in an unforeseen situation where you had to find 15 000 kronor in one week, would you manage it? 1 Yes
62.	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support 3 No Economic circumstances If you should suddenly find yourself in an unforeseen situation where you had to find 15 000 kronor in one week, would you manage it? 1 Yes 2 No During the last 12 months, have you ever had difficulty in managing the regular expenses for
62.	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support 3 No Economic circumstances If you should suddenly find yourself in an unforeseen situation where you had to find 15 000 kronor in one week, would you manage it? 1 Yes 2 No
62.	1 Yes, and I believe I will be able to do this myself 2 Yes, but I need support 3 No Economic circumstances If you should suddenly find yourself in an unforeseen situation where you had to find 15 000 kronor in one week, would you manage it? 1 Yes 2 No During the last 12 months, have you ever had difficulty in managing the regular expenses for
62.	1
62.	Yes, and I believe I will be able to do this myself Yes, but I need support No Conomic circumstances If you should suddenly find yourself in an unforeseen situation where you had to find 15 000 kronor in one week, would you manage it? Yes No During the last 12 months, have you ever had difficulty in managing the regular expenses for food, rent, bills etc.? No Yes, once
62.	1

Work and employment 64. What is your present form of employment? More than one answer can be given. % of full-time 1 Work as an employee 1 Self-employed 1 Leave of absence or parental leave 1 Studying, training 1 Labour market measures 1 Unemployed 1 Retired 1 Sickness benefit (disability pension) 1 Long term sick leave (more than 3 months) 1 Taking care of own household 1 Other, write in the rectangle: 65. a) What is/was your main job? If you are not at work at the moment, state what work you have mainly had. Try to give as detailed a work title as possible. For example: Instead of assistant, write purchasing assistant. Please use block capitals! Example: Instead of driver put for example: BUSSCHAUFFÖR Your job (if possible, please, write your main job in Swedish): b) What are/were your main tasks? Describe your main working tasks. For example, if you are a project manager or similar, write what you do - such as "responsible for improving the working environment in social care for the elderly". If you are a factory worker, describe what you do or make.

Below are some questions for those of you who are gainfully employed (you should also answer if you are on sick leave or leave of absence or parental leave). If you are not gainfully employed, go on to question 68.

66.	How satisfied are you with your tasks at work?
	1 Very satisfied
	2 Quite satisfied
	3 Neither satisfied nor unsatisfied
	4 Quite unsatisfied
	5 Very unsatisfied
67	Are you worried about losing your job in the coming year?
07.	
	1 Yes 2 No
	2 NO
68. a)	Is there anyone close to you who is old or sick and who you help with day to day tasks, look after or care for?
	1 Tes
	2 No Go on to question 69
b)	On average, how many hours a week does this mean for you?
	hours per week
	hours per week
	Security and social relations
60	Security and social relations
69.	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise
69.	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised?
69.	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 \sum_{NO} No
69.	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 No 2 Yes, sometimes
69.	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 \sum_{NO} No
	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 No 2 Yes, sometimes
	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 No 2 Yes, sometimes 3 Yes, often
	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 No 2 Yes, sometimes 3 Yes, often Have you, during the last 12 months been subjected to physical violence?
70. a)	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1
70. a)	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 No 2 Yes, sometimes 3 Yes, often Have you, during the last 12 months been subjected to physical violence? 1 Yes
70. a)	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 No 2 Yes, sometimes 3 Yes, often Have you, during the last 12 months been subjected to physical violence? 1 Yes 2 No Go on to question 71 Where did the violence occur?
70. a)	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 No 2 Yes, sometimes 3 Yes, often Have you, during the last 12 months been subjected to physical violence? 1 Yes 2 No Go on to question 71 Where did the violence occur? More than one answer can be given.
70. a)	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 No 2 Yes, sometimes 3 Yes, often Have you, during the last 12 months been subjected to physical violence? 1 Yes 2 No Go on to question 71 Where did the violence occur? More than one answer can be given. 1 At work/in school
70. a)	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 No 2 Yes, sometimes 3 Yes, often Have you, during the last 12 months been subjected to physical violence? 1 Yes 2 No Go on to question 71 Where did the violence occur? More than one answer can be given. 1 At work/in school 1 In the home 1 In someone else's home/residential area 1 In a public place/place of entertainment
70. a)	Do you ever avoid going out alone for fear of being assaulted, robbed or otherwise victimised? 1 No 2 Yes, sometimes 3 Yes, often Have you, during the last 12 months been subjected to physical violence? 1 Yes 2 No Go on to question 71 Where did the violence occur? More than one answer can be given. 1 At work/in school 1 In the home 1 In someone else's home/residential area

71.	Have you, during the last 12 months been subjected to a $\underline{\text{threat or menace}}$ of violence, so that you were scared?
	1 Yes
	2 No
72.	During the last three months, have you been treated in a way that made you feel humiliated?
	1 No Go on to question 74
	2 Yes, sometimes
	3 Yes, several times
73.	Was the offensive or abusive behaviour/treatment connected with any of the following? More than one answer can be given.
	1 Ethnic origin
	1 Gender
	1 Sexual orientation
	1 Age
	1 Disability
	1 Religion
	1 Skin colour
	1 Appearance
	1 Gender identity and/or gender expression
	1 Other
	1 Don't know
74.	Do you have anyone you can share your innermost feelings with and confide in?
	1 ☐ Yes
	2 No
75.	Can you get help from any person or persons if you have practical problems or are ill?
	E.g. get advice, borrow things, help with shopping, repairs etc.
	1 Yes, always
	2 Yes, most of the time
	3 No, mostly not
	4 No, never
76.	Do you think that people generally can rely on other people?
	1 ☐ Yes
	2 No

77.		ve you taken part in any of the ore than one answer can be give		tivities <i>in th</i>	e last 12 moi	nths?	
	1 <u></u>	☐ Study circle/course at your wo					
	1 [Study circle/course in your free	•				
	1 [Trade union meeting					
	1 [Other association meeting					
	1 F	Theatre/cinema					
	1 F	Art exhibition					
	1 [Religious gathering					
	1 [Sporting event					
	1 [Written to the editor at newspa	apers/periodic	als			
	1 [Demonstration of some kind					
	1 [Dublic entertainment e.g. nigh	t club, dance (or similar			
	1 [Large family gathering					
	1 [Private party at someone's ho	me				
	1 [None of the above					
72	Н۵	w much confidence do you ha	ve in the follo	owina institu	tions/politic	ians in societ	v2
70.		ark one alternative on each row.	ve in the lond	owing matic	itions/pointic	ialis III societ	y :
			Very much	Quite a lot	Not very much	None at all	Have no opinion
			1	2	3	4	5
	a)	Health care					
	b)	Care for the elderly					
	Ĺ	Child care					
	c)	Offilia Care					
	d)	Schools					
	e)	The police					
	f)	Social services					
	۵)	Employment offices					
	g)						
	h)	The social insurance agency Försäkringskassan					
	i)	Riksdagen (parliament)					
	,						
	j)	Politicians in your county council/region	Ш		Ш		
	k)	Politicians in your municipality					
	l)	Trade unions				\Box	\Box
	,						
	В	ackground					
79.		nat year were you born?					
		10					
	Yε	ear:					

ου.	Are you male or remaie:				
	1 Male				
	2 Female				
81.	What is your sexual orientation?				
	1 Heterosexual				
	2 Bisexual				
	3 Homosexual				
	4 Uncertain of my sexual orientation				
82.	How do you live?				
	1 Own detached/terraced house				
	2 Own apartment				
	3 Rented apartment				
	4 Lodger, student apartment/room				
	5 Other				
00 -\	Who do you show a home with 0				
83. a)	Who do you share a home with? i.e. who do you live with for most of the week.				
	You can mark more than one alternative.				
	1 Nobody				
	Parents/siblings Go on to question 84				
	1 Spouse or partner				
	1 Other adult				
	1 Children				
b)	How old are the children who live with you?				
	1 0-6 years				
1 ☐ 7-12 years					
1					
	1 18 or older				
c)	Do any of these children have one or more functional disabilities?				
	Reduced functional ability means, for example, restricted movement, dyslexia, reduced eyesight of				
	hearing. It might also mean ADHD, epilepsy or diabetes.				
	1 Yes				
	2 No Go on to question 84				
d)	How old is the child/children with one or more functional disabilities?				
	You can mark several alternatives				
	1 O-6 years				
	1				
	1 13-17 years				
	1 18 or older				

84. If there is anything else you would like to tell us, you are welcome to write it here. What you write will be sent to the Swedish National Institute of Public Health and your county council together with

THANK YOU FOR TAKING THE TIME TO FILL IN THIS QUESTIONNAIRE!

Place the questionnaire in the return envelope attached.